

Dana Gerhardt's Pre-Session Questionnaire (for new clients)

PART ONE: Background Information

1. Name:

2. Birth date, time, and place:

3. Current city of residence and phone number:

4. What issues/areas of experience are you most interested in looking at during our session?
If there are any specific questions you have, please ask them here.

5. Are there any particular goals you're currently working on, or interested in setting for the future?

6. Current relationship status:
(If you'd like to ask about a significant other in the reading, please indicate name and full birth data (date/time/place) if available.)

7. Children:
(If you'd like to ask about your children, please indicate names and birth data (date/time/place) and any background I should know about.)

8. Current employment:
(If you're retired or between positions, please also indicate your previous work history.)

9. Do you have any health concerns?

10. How comfortable are you with astrology terms? How much would you like me to refer to them in your reading?

11. Would you like your chart emailed after your reading?

PART TWO: Exploration. These questions may seem strange, but I've used them for years. They're often helpful in unlocking the hidden places of your chart. If a question doesn't particularly grab you, it's okay to ignore it.

1. Tell me a little about your childhood, whatever comes to mind right now. (In other words, this doesn't have to be the definitive history, just three to five things that stand out to you at this moment.)

2. Where do you feel you've been luckiest in your life? Where have opportunities found you and/or growth been relatively smooth?
3. Where have you worked hard and seen rewards through effort? This may also be the place where you have anxiety about getting it right.
4. How are the people close to you doing these days?
5. What's the condition of your car? Any recent repairs?
6. What, if anything, do you feel you've been neglecting lately?

Answer the following two questions with a spontaneous and whimsical frame of mind (and don't worry about temporal/historical accuracy):

7. Who/what were you in the lifetime just before this one?
8. Who/what will you be in the lifetime just after this one?
9. Remember a recent dream, even a fragment is fine... If nothing comes to mind, think of a scene from a movie or a book that you liked... pick a scene that's most vivid to you. (Don't think too much about it; just take whatever comes to mind.)
10. And, if you have a digital photo of yourself you could send by email, I'd love to see it. Having a visual makes my intuitive genie extra happy!

PART THREE: Fairy Tale. This is really, really optional!! But if you like to write and process, it's a great way to invite your intuitive wisdom to comment on any current dilemmas.

Write a fairy tale that describes your current situation. (This one is especially good if you have a particularly pressing problem right now.) There will be three parts to the fairy tale:

The description of the problem. Do this using a symbolic language, using animal (wolves, bears, etc.) or other fairy tale characters (princesses, shoe cobblers, knights or kings). Let your current situation provide the inspiration, but as soon as you can, move away from your conscious awareness of the problem and let the story take over.

The magical intervention. Let your imagination come up with a magical solution-whether that's a potion, the arrival of a new character with special powers, a change in the weather, whatever comes to mind.

The happy ever after. Describe what it looks like when the problem is resolved.